



## 7-DAY FAMILY ACTIVITIES RECOMMENDATIONS

McLemore is a resort destination offering access to numerous activities on Lookout Mountain and beyond. We have organized a list of activities by day based on recommendations from our staff and friends below. As you will discover, there is far more to experience than golf at McLemore.

### 7-DAY FAMILY ACTIVITIES

#### *DAY ONE – EXPLORE CHATTANOOGA*

- Breakfast at The Creag at McLemore
- Explore the [Tennessee Aquarium](#)
- Lunch at [Main Street Meats](#)
- Explore the [Hunter Museum of American Art](#)
- Stroll across the [Walnut Street Bridge](#)
- Dinner at [Alleia](#)
- Bowling at [Southside Social](#)

#### *DAY TWO – DISCOVER LOOKOUT MOUNTAIN*

- Breakfast at The Creag at McLemore
- Morning hike at [Cloudland Canyon State Park](#)
- Picnic lunch provided by The Creag at McLemore
  - Please contact The Creag for more details.
- Afternoon hike at [DeSoto State Park](#)
- Dinner at The Creag at McLemore

#### *DAY THREE – HISTORY LESSONS*

- Breakfast at The Creag at McLemore
- Tour [Lookout Mountain National Military Park](#)
- Lunch at [Taco Mamacita](#)
- Tour the [Moccasin Bend National Archeological District](#)
- Enjoy a whiskey tasting at [Chattanooga Whiskey](#)
- Dinner at [STiR](#)

#### *DAY FOUR – TREAT YOURSELF*

- Breakfast at The Creag at McLemore
- Tour the [Lookout Lavender Farm](#)
- Lunch at The Creag at McLemore
- Take a float at [Lucidity Float & Wellness Center](#)
- Get a massage at [Ama Spa Chattanooga](#)
- Dinner at [Easy Bistro & Bar](#)
- Dessert at [Frothy Monkey](#)

#### *DAY FIVE – BE A TOURIST*

- Breakfast at The Creag at McLemore
- Take a tour of [Rock City](#)
- Stroll through [Point Park](#)
- Enjoy lunch at [Kenny's](#)
- Explore [The Chattanooga Zoo at Warner Park](#)
- Relax along the Tennessee River at [Coolidge Park](#)
- Dinner at The Creag at McLemore

#### *DAY SIX – NATURE & THE OUTDOORS*

- Breakfast at The Creag at McLemore

- Explore ancient boulder fields at [Rocktown](#)
- Picnic lunch provided by The Creag at McLemore
  - Please contact The Creag for more details.
- Discover the beauty of botanicals at [The Pocket](#) and another expansive boulder field at [Zahnd Wildlife Management Area](#)
- Dinner at The Creag at McLemore

#### *DAY SEVEN – SEE THE PARKS*

- Breakfast at The Creag at McLemore
- Tour the [Little River Canyon National Preserve/Park](#)
- Picnic lunch provided by The Creag at McLemore
  - Please contact The Creag for more details.
- Tour [Fall Creek Falls State Park](#)
- Watch the hanggliders at [Lookout Mountain Flight Park](#)
- Dinner at The Creag at McLemore



## 7-DAY KID-FRIENDLY RECOMMENDATIONS

McLemore is a resort destination offering access to numerous kid-friendly activities on Lookout Mountain and beyond. We have organized a list of activities best suited for families with young children by day based on recommendations from our staff and friends below.

### 7-DAY KID-FRIENDLY ACTIVITIES

#### *DAY ONE – TRAILS & WATERFALLS*

- Breakfast at The Creag at McLemore
- Morning hike at [Cloudland Canyon State Park](#)
- Picnic lunch provided by The Creag at McLemore
  - Please contact The Creag for more details.
- Afternoon hike at [DeSoto State Park](#)
- Dinner at The Creag at McLemore

#### *DAY TWO – HISTORY & ARTIFACTS*

- Breakfast at The Creag at McLemore
- Tour [Lookout Mountain National Military Park](#)
- Lunch at [Niedlov's](#)
- Tour the [Moccasin Bend National Archeological District](#)
- Dinner at [STiR](#) located in the Chattanooga Choo-Choo

#### *DAY THREE – ALONG THE RIVER*

- Breakfast at The Creag at McLemore
- Explore the [Tennessee Aquarium](#)
- Lunch at [Main Street Meats](#)
- Take an art class at the [Hunter Museum of American Art](#)
- Stroll across the [Walnut Street Bridge](#)
- Dinner at [Boathouse Rotisserie & Grill](#)

#### *DAY FOUR – CLIMB EVERY MOUNTAIN*

- Breakfast at The Creag at McLemore
- Indoor rock climbing at [High Point Climbing & Fitness](#)
- Lunch at [Community Pie](#)
- Afternoon at [Rock City](#)
- Dinner at The Creag at McLemore

#### *DAY FIVE – FLOWERS & WILDLIFE*

- Breakfast at The Creag at McLemore
- Tour the [Lookout Lavender Farm](#)
- Lunch at The Creag at McLemore
- Check out the animals at the [Chattanooga Zoo](#)
- Dinner at [Taco Mamacita](#)
- Ice cream at [Clumpies](#)

#### *DAY SIX – INTO THE WILD*

- Breakfast at The Creag at McLemore
- Explore ancient boulder fields at [Rocktown](#)
- Picnic lunch provided by The Creag at McLemore
  - Please contact The Creag for more details.
- Discover the beauty of botanicals at [The Pocket](#) and another expansive boulder field at [Zahnd Wildlife Management Area](#)

- Dinner at [Wardlaw's Lucky Eye-Q Barbecue](#)

#### *DAY SEVEN – SEE THE PARKS*

- Breakfast at The Creag at McLemore
- Tour the [Little River Canyon National Preserve/Park](#)
- Picnic lunch provided by The Creag at McLemore
  - Please contact The Creag for more details.
- Tour [Fall Creek Falls State Park](#)
- Watch the hanggliders at [Lookout Mountain Flight Park](#)
- Dinner at The Creag at McLemore